



**FOCUS ON
GOD'S WORD**



**SEE GROUPS
START**



**CAST
VISION**



**MULTIPLY
EXTRAORDINARY
PRAYER**



**ONGOING
COACHING**



**TRAIN
BELIEVERS**



**GO OUT
AMONG THE
LOST**

FREE MINISTRY RESOURCE

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Seven Sails of Disciple Making Movements

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Introduction

Something extraordinary is happening across the earth. In villages, cities, and places that most maps do not mark, ordinary men and women are encountering the living God — and the movement does not stop with them. They share what they have received. Others believe. Groups form. Leaders emerge. New groups begin. What started with one person praying in a back room has become a wave that spans languages, borders, and generations. These are Disciple Making Movements, and they are among the most remarkable works of the Holy Spirit in our time.

A Disciple Making Movement, or DMM, is not a program or a church growth strategy. It is what happens when the principles of the New Testament take root in living soil — when disciples actually make disciples, when obedience is expected rather than optional, when the Word of God is trusted to do what God says it will do. Movements are not built by impressive leaders. They are released when humble, faithful people raise the right sails and let the wind of God do the work.

That image — raising sails — is at the heart of this book. A sailboat does not manufacture wind. It cannot move on its own power alone. But a skilled sailor knows how to position the sails so that when the wind comes, the boat moves. The Seven Sails of Disciple Making Movements are seven postures, practices, and priorities that position God's people to catch what the Spirit is already doing. They will not produce a movement on their own. But movements rarely grow where these sails are absent.

I learned this concept from my coach, Bob, when I joined the E-life weekly community. E-Life teaches and emphasizes the seven sails that must be hoisted to allow the Holy Spirit to catalyze movements.

The seven sails are: Extraordinary Prayer, casting Vision, focusing on God's Word, going Out Among the Lost, Training Believers, seeing Groups Start, and providing Ongoing Coaching. Together they form a complete picture of a movement-ready community — one that is saturated in prayer, anchored in Scripture, sent into the harvest, and committed to raising up the next generation of leaders. Each sail builds on the ones before it, and each one is essential.

This book was written for anyone who longs to see God move — pastors and church planters, missionaries and lay leaders, seasoned veterans and those just beginning to ask what faithful obedience might look like. You do not need a title or a platform. You need a willing heart and the courage to raise the sails. The chapters that follow will show you how.

The wind is blowing. The question is whether our sails are up.

Sail 1. Extraordinary Prayer

Why Movements Require Extraordinary Prayer

Part 1 of the Multiplying Prayer Series

In the last couple of articles we were discussing if Coke can reach the remotest corners of the earth, why hasn't the gospel?

The answer isn't about better marketing or smoother logistics. It's deeper. Coke has distribution. The gospel needs prayer.

Every disciple-making movement in history—whether in Acts or today—has been born in extraordinary prayer.

The disciples didn't launch a strategy meeting before Pentecost. They prayed in an upper room until the Spirit came (Acts 1–2).

When persecution threatened to silence them, they didn't draft a petition. They prayed for boldness, and the place was shaken (Acts 4).

When Paul and Barnabas were set apart, it wasn't by a committee—it was by fasting and prayer (Acts 13).

Extraordinary prayer is not optional. It is the foundation of every movement.

Ordinary vs. Extraordinary Prayer

Most of us pray. But if we are honest, our prayers are often ordinary: quick, scattered, mostly focused on ourselves or our immediate needs.

Extraordinary prayer is different. It is:

Persistent: refusing to give up (Luke 18:1–8).

United: praying together with others.

Harvest-focused: asking the Lord to send workers into the harvest (Luke 10:2).

Expectant: praying in faith that God will act.

A story from northern India, told of a man who prayed daily for his village for 20 years without seeing results. Then one day, a young woman in the village encountered Jesus in a dream. She sought out this man, who explained the gospel. Within months, 40 new disciples were baptized. When asked him how this happened, he smiled and said: “It was not me. It was the years of prayer. God was listening all along.” That’s extraordinary prayer.

Why Prayer Must Multiply

But here’s the key: it’s not enough for me to pray. For movements to happen, prayer itself must multiply.

A few years ago, in East Africa some leaders from a Disciple-Making Movement that had seen thousands of Muslims come to faith were asked, “What was the turning point that led to multiplication?”

They didn’t talk about strategy first. They didn’t mention tools, trainings, or even bold evangelism. They said simply:

“We prayed and fasted for months before we saw the first breakthrough.”

They told about prayer-walking villages where no believer had ever been welcomed. At first doors were shut, conversations were cold. But after weeks of prayer, persons of peace began to emerge—men and women who opened their homes to hear the stories of Jesus. From there, discovery groups multiplied into churches, and churches into networks.

As Jerry Trousdale records in *Miraculous Movements*, this pattern is common across Africa: extraordinary prayer precedes extraordinary fruit.

Prayer is not just personal fuel—it is contagious. When it multiplies, movements multiply.

Application: Your Prayer Strategy

If you long to see your city, your workplace, or your family transformed, you need more than good intentions. You need a prayer strategy.

Step 1: Set a rhythm. Choose a time every day to pray for the harvest. Even five minutes matters if it’s consistent.

Step 2: Don't do it alone. Invite at least one other person to join you. Movements are never born in isolation.

Step 3: Write it down. Who are the top 10 people or places you will pray for daily? Make the list. Keep it before you.

Step 4: Multiply it. When your prayer rhythm is stable, challenge someone else to start their own.

It's simple, but it's powerful.

A Compelling Question

If movements require extraordinary prayer, then here's the question: will we pray in ordinary ways—or extraordinary ways?

The truth is this: the harvest is plentiful, but it will never be reached without extraordinary prayer. Movements don't begin with better programs. They begin on our knees.

Call to Action

This week, don't just think about prayer. Start a prayer strategy.

Pick a time.

Pick a partner.

Pick a list.

Then watch what God will do.

Movements are fueled by prayer. The only question is: will you join Him?

From Private Devotions to Multiplying Prayer

Part 2 of the Multiplying Prayer Series

Many followers of Christ think of prayer mainly as their personal “quiet time.” Coffee in hand, Bible open, 20 minutes before the day began. Those moments nourished us. But Disciple-Making Movements (DMMs) around the world have discovered something unsettling: quiet times alone don't start movements. Movements don't spread because one or two people pray privately. They spread because prayer itself multiplies.

The Shift We Need

Jesus never treated prayer lightly. He prayed with His disciples. He asked them to pray with Him in Gethsemane. He commanded them together to ask the Lord of the harvest for workers (Luke 10:2).

The early church obeyed:

They gathered in the upper room to pray (Acts 1).

They raised their voices together in prayer when persecuted (Acts 4).

They fasted and prayed corporately before sending missionaries (Acts 13).

Prayer wasn't only private—it was multiplied across the community.

Documented Example: The Bhojpuri Movement (North India)

David Garrison and Victor John describe how the Bhojpuri movement, one of the largest in modern history, began. Before any rapid multiplication, believers in rural villages gathered night after night for corporate prayer. Illiterate farmers, widows, and ordinary villagers fasted, wept, and interceded for their people.

From those humble gatherings, a movement now numbering millions of baptized believers has spread across North India. (Garrison, Church Planting Movements).

Documented Example: East Africa Prayer Networks

Jerry Trousdale shares in *Miraculous Movements* how small prayer groups across East Africa formed the “backbone” of disciple-making. One leader said: “We discovered that if we do nothing but pray, God opens the doors. When we pray together, God seems to move faster.”

Entire streams of churches began after communities devoted themselves to extraordinary, united prayer—often long before they saw their first seeker.

Why This Matters for Us

Most of us pray for our own needs: health, provision, maybe guidance. There's nothing wrong with that. But if we stop there, our prayer life will remain ordinary.

Movements are fueled when prayer expands:

From “me and God” → to “me and others crying out together.”

From “my needs” → to “God's harvest and His purposes.”

From “once in a while” → to “daily, multiplying rhythms.”

Application: How to Multiply Prayer

Step 1: Start small. Ask one friend to pray with you—on the phone, in person, or online.

Step 2: Keep it simple. Thank God, pray for the harvest, intercede for your Top 10 list, and ask for boldness.

Step 3: Multiply. After a month, challenge each person in the group to start another prayer group.

This is how prayer ripples outward into multiplication.

A Compelling Question

If movements are born in extraordinary, united prayer—why would we settle for solitary prayers that stop with us? What could God do if every believer multiplied their prayer life into the lives of others?

Call to Action

Don't let prayer stop with you. This week, start a multiplying rhythm.

Invite one friend.

Set one weekly time.

Ask God for the harvest together.

One prayer partner today could become a network of generational prayer tomorrow. And when prayer multiplies, disciples multiply.

Tools for Building a Prayer Rhythm

Part 3 of the Multiplying Prayer Series

The story was told of a small concrete room in East Africa with a group of new believers. They had no electricity, no sound system, no books other than a few well-worn Bibles. Yet when they began to pray, the room felt alive.

Their leader, a former Muslim, explained: “We have nothing but prayer. That is why we must be rich in it.” They prayed as though their lives depended on it. They didn't pray only when convenient. They had rhythms. They gathered every morning at sunrise. They fasted every Friday. They prayer-walked their villages once a week. These simple habits gave them consistency—and consistency fueled multiplication.

Why Rhythms Matter

Most of us pray when we feel like it. The problem? Our feelings are unreliable. Rhythms anchor us when motivation fades.

The early church knew this. In Acts 3:1, Peter and John were on their way to the temple “at the time of prayer.” They kept set rhythms, and God often showed up in unexpected ways.

Disciple-Making Movements today echo the same lesson: extraordinary prayer happens when believers set intentional patterns.

Documented Examples of Prayer Tools in Movements

24/7 Prayer Chains in India David Garrison describes how networks of house churches organized prayer schedules so that every hour of the week was covered. Hundreds of believers took slots. This chain sustained the movement for years, fueling tens of thousands of baptisms.

Fasting Rhythms in East Africa in *Miraculous Movements*, Jerry Trousdale records how Muslim-background believers committed to weekly fasting and prayer for their communities. Leaders said fasting was not an option—it was “the engine of the movement.”

Luke 10:02 Alarms Worldwide Curtis Sergeant and Zúme Training mobilized a global prayer rhythm where believers set alarms for 10:02 AM to pray for laborers. Today, this simple habit is used across dozens of countries, creating a wave of united prayer.

Tools You Can Use

You may not be able to join a 24/7 prayer chain in India, but you can establish your own prayer rhythm with simple tools:

Prayer Wheel Divide an hour into 12 segments of 5 minutes each: praise, waiting, confession, intercession, thanksgiving, Scripture, singing, etc. I’ve watched youth groups who thought they could never pray an hour discover they wanted more time when guided by this wheel.

SOAPS Journaling Write out Scripture, Observation, Application, Prayer, and Sharing. This grounds your prayer in the Word and keeps you accountable to obedience.

Fasting Choose one day a week (or one meal) to focus prayer on the harvest. Let hunger remind you to intercede.

Set Alarms Use your phone to stop and pray at a specific time daily. The Luke 10:02 prayer is powerful because it’s both simple and global.

Application: Start Your Rhythm

Pick one tool from the list.

Practice it daily or weekly for the next 30 days.

Invite one friend to join you.

After 30 days, share how God is answering.

Consistency builds momentum. And momentum fuels multiplication.

A Compelling Question

If movements are powered by extraordinary prayer, what is powering your prayer life right now? Is it scattered good intentions—or intentional rhythms that will sustain you long-term?

Call to Action

Don't leave prayer to chance. Build a rhythm this week:

Choose a tool.

Set a time.

Stick with it.

Movements are not born out of occasional prayers. They are birthed through persistent, structured, extraordinary prayer.

Praying for the Harvest (The Luke 10 Strategy)

Part 4 of the Multiplying Prayer Series

When Jesus looked out over the crowds, He didn't tell His disciples to build better programs. He didn't tell them to study the culture more deeply or organize a new campaign. Instead, He said something simple and startling:

“The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field.” (Luke 10:2)

If the harvest truly is plentiful, then the bottleneck is not the soil—it's the shortage of workers. And the solution Jesus gave was prayer.

Prayer Before Action

In movements around the world, the Luke 10 strategy is not theory—it's practice. Leaders teach new believers to pray daily for laborers before they ever start outreach. The result? God often raises workers from the most unlikely places.

Documented Example: South Asia

In one part of South Asia, a young woman and her friends began praying specifically for their village every night. They drew a map of their streets and laid hands on it, asking God to send workers to every family.

According to reports documented by David Garrison and Victor John, within a year more than 40 new house churches had begun in the very places they had prayed. Prayer didn't just prepare the ground—it opened the ground.

Documented Example: Muslim Background Movements in Africa

Jerry Trousdale's *Miraculous Movements* describes how African believers prayed earnestly for persons of peace in Muslim communities—men and women who would welcome the message into their households (Luke 10:6). In one case, after weeks of focused prayer, a respected imam had a dream of Jesus and sought out Christians in the area. He became the gateway for dozens of discovery groups. Trousdale writes, "Prayer for the harvest is the constant prelude to breakthrough."

How to Pray for the Harvest

When we take Jesus at His word, our prayers shift. Instead of vague petitions, we pray specifically:

For workers: "Lord, raise up new disciple-makers in my city."

For persons of peace: "Lord, prepare households ready to receive Your Word."

For households: "Lord, bring whole families into the Kingdom together."

For boldness: "Lord, empower us to proclaim despite fear or opposition."

Application: Create Your Top 10 Harvest List

Movements often begin with focused lists. Here's how you can start:

Write down 10 people you long to see come to Christ.

Write down 10 neighborhoods, workplaces, or people groups that need the gospel.

Pray daily for God to send workers into these harvest fields.

Share your list with a prayer partner, and pray together weekly.

This isn't just a tool—it's obedience to Jesus.

A Compelling Question

If Jesus Himself said the harvest is plentiful, why do we often act like it is scarce? Could it be that we've failed to ask the Lord of the harvest to send out workers?

Call to Action

Today, don't just talk about the harvest—pray for it.

Make your Top 10 Harvest List.

Commit to pray for it daily for the next 30 days.

Ask one friend to pray with you.

The harvest is plentiful. Workers are waiting to be sent. The only question is—will you ask?

Multiplying Prayer Through Groups

When Jesus taught His disciples to pray, He didn't just say, "Go to your room." He also said, "When two of you on earth agree about anything they ask for, it will be done for them... For where two or three gather in my name, there am I with them" (Matthew 18:19–20).

Prayer was never meant to remain private. It's contagious. When ordinary believers come together to pray, the impact multiplies.

Why Groups Multiply Prayer

Accountability: When you know others are praying with you, you stay faithful.

Agreement: Jesus promised unique authority when two or three agree together.

Acceleration: What one person prays alone, a group amplifies in faith, passion, and reach.

A Historical Picture

In 1727, a small group of Moravians in Herrnhut, Germany, started a prayer meeting. Just 24 men and 24 women committed to pray around the clock in one-hour slots. That meeting didn't end in a day—or even a year. It lasted 100 years and became the fuel behind a mission's movement that touched the world. From one praying community came hundreds of missionaries, sent long before "mission's agencies" even existed.

Prayer in groups multiplied into movements.

Modern Examples

In India, groups of women gather in kitchens each morning, lifting up their villages by name. Out of those circles, new house churches are birthed.

In Africa, Discovery Bible Study groups spend the last third of their time praying for their “lost lists”—friends and family who don’t yet follow Jesus. Many times, those very people become the next to start a group.

On the West Coast of the U.S., networks are springing up where believers link arms weekly over Zoom, praying city by city for God to raise up laborers.

How to Multiply Prayer Through Groups

Start small. Grab two friends and commit to pray weekly for the harvest.

Keep it simple. Use Scripture as a guide (Luke 10:2, Matthew 9:37–38).

Stay outward. Don’t only pray for your needs—lift up your neighbors, your city, and the nations.

Expect multiplication. Encourage each member to start another prayer group with their own network.

A Call to Action

Extraordinary prayer multiplies when it moves from private devotion to community intercession.

Who are five people you can invite to pray Luke 10:2 prayers with you weekly for an hour?

What if each person you invited also invited five people to pray Luke 10:2 prayers with them weekly at a different hour?

What if prayer groups multiplied until every street, every campus, and every unreached people group was covered?

Movements don’t just need prayer—they need multiplying prayer. And that starts with you and five friends.

Global Prayer and the Great Commission 2033

When Jesus said, “This gospel of the kingdom will be preached in the whole world as a testimony to all nations, and then the end will come” (Matthew 24:14), He tied the Great Commission to prayer-fueled mission. The global task before us cannot be finished by strategy and effort alone—it requires an unprecedented wave of extraordinary prayer that spans the nations.

Why Global Prayer Matters

It unites the Church. When believers from every culture pray for the same purpose, divisions fade and the Kingdom advances.

It targets unreached peoples. Billions still have no access to the gospel. Focused intercession opens doors where workers and resources cannot.

It fuels finishing the task. Prayer doesn't replace action—it multiplies it. Movements in hard places consistently trace their roots to faithful intercessors.

Stories of Global Prayer at Work

In China, during the house church revival of the 1980s, networks of believers prayed nightly for unreached provinces. Today, those very provinces have vibrant multiplying churches.

In the Middle East, groups of Christians began praying specifically for refugees by name. Within months, seekers started turning to Christ in surprising numbers.

On the West Coast of North America, prayer groups are linking city by city, interceding not only for their neighborhoods but also for unreached people groups in their own communities.

The 2033 Vision

The year 2033 will mark 2,000 years since Jesus gave the Great Commission. What if by then, every people group had disciples and multiplying churches? That vision will not be reached by human ambition alone—it will take united, global, multiplying prayer.

Imagine if every believer worldwide prayed Luke 10:2 daily for laborers, fasted monthly for unreached peoples, and joined a multiplying prayer group. The spiritual atmosphere of entire nations could shift within years, not decades.

How You Can Join the Global Prayer Movement

Adopt a people group. Use resources like the Joshua Project or Finishing the Task lists to pray for an unreached people group weekly.

Connect globally. Join online prayer calls that unite believers across continents.

Think generationally. Don't just pray alone—start groups that multiply, so prayer covers the earth like the waters cover the sea.

A Call to Action

We are living in a historic moment. The Great Commission could be finished in our lifetime. But it will only happen if God's people rise up in extraordinary, multiplying, global prayer.

Will you commit to pray not only for your city, but for the nations?

Will you multiply your prayer group so the earth is saturated in intercession?

Will you help propel the gospel to every people group before 2033?

The finish line is in sight. Let's cover the globe in prayer until every nation, tribe, and tongue has heard.

Sustaining Extraordinary Prayer for the Long Haul

It's easy to get fired up for prayer in the short term—after a conference, a stirring sermon, or when a crisis hits. But what sustains extraordinary prayer for years, even decades? If we want to see disciple-making movements multiply to the ends of the earth, we must learn how to build rhythms of prayer that last.

Why Long-Term Prayer is Hard

Distractions: Life pulls our attention in a hundred directions.

Discouragement: When we don't see quick results, we're tempted to give up.

Drift: Without clear structure, prayer can slide back into routine or even disappear.

But movements don't emerge from short bursts—they grow in the soil of long-obedience prayer.

Lessons from the Field

In Central Asia, a small team of believers prayed daily for 10 years before they saw the first breakthrough among an unreached group. Today, dozens of house churches are multiplying because they didn't quit.

The Moravians sustained a 24/7 prayer watch for 100 years. Generations passed, but the fire was kept alive. That movement sent missionaries to the hardest places on earth.

In one West African village, women who meet weekly for intercession have done so faithfully for 15 years. Their quiet persistence has resulted in whole families coming to Christ.

How to Sustain Extraordinary Prayer

Build structure: Use tools like the Prayer Wheel, Luke 10:2 alarms, or prayer journals to stay consistent.

Start small, but commit long: Even 15 minutes a day, faithfully practiced, will add up to hundreds of hours over a year.

Anchor in Scripture: Let God's Word fuel your prayers (e.g., pray through Psalms, the Lord's Prayer, or Paul's prayers).

Multiply responsibility: Share leadership of prayer groups so no one burns out.

Celebrate answered prayer: Testimonies keep faith alive and inspire others to persevere.

A Call to Action

Extraordinary prayer is not a sprint—it's a marathon. To see movements thrive, we must pray in ways that endure through seasons of plenty and seasons of drought.

What rhythms can you build today to sustain prayer in your life?

Can you commit not just to pray now, but to keep praying faithfully until every people group has access to the gospel?

What structures will help you and your group keep going when motivation wanes?

The finish line may be 2033, but sustaining extraordinary prayer is what will carry us all the way there.

Play

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Sail 2. Cast Vision

The Call from Above - The Great Commission

The Great Commission is not for a select few; it's a global mandate for every believer.

In *From Megachurch to Multiplication*, Chris Galanos introduces the Seven Sails—biblical practices we “raise” to catch the wind of the Spirit and see Disciple-Making Movements multiply.

We've already hoisted the first sail, Extraordinary Prayer, multiplying Luke 10:2 networks and prayer groups. Now we raise the Vision Sail, turning to the very last words of Jesus before He ascended into heaven—words that remain the Church's marching orders.

The Last Words of Jesus

After His resurrection, Jesus gathered His disciples on a Galilean hillside. These were His final words before ascending to heaven:

“All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely, I am with you always, to the very end of the age.” (Matthew 28:18–20)

These words were not a casual farewell. They were a royal command from the risen King, entrusted to ordinary disciples—and to us.

Chosen by the Father

“You did not choose me, but I chose you and appointed you so that you might go and bear fruit—fruit that will last...” (John 15:16)

Before Jesus sent His followers, He reminded them of their identity: chosen by the Father for a life of multiplying fruit.

Authorized by the Son

Jesus’ claim of all authority in heaven and on earth was the foundation of His final words. In South Asia, believers who took this seriously saw God move. A network of Discovery Bible Studies grew from 55 small groups in 2012 to over 30,000 churches by 2018, spreading across villages and districts (2414now.net). Ordinary disciples, confident in Jesus’ authority, became catalysts for transformation.

Commissioned by the Word

Paul echoed this mandate:

“Woe to me if I do not preach the gospel!” (1 Corinthians 9:16)

The Word of God doesn’t just inform us; it sends us. The Great Commission is written into Scripture as a timeless, binding command for every believer.

Activated by the Spirit

Jesus also promised power:

“You will receive power when the Holy Spirit comes on you; and you will be my witnesses...” (Acts 1:8)

This promise became reality in movements around the world. The Luke 10:2 prayer challenge, where believers set alarms at 10:02 to pray for workers, has mobilized thousands. Ministries like World Gospel Mission and numerous DMM networks have adopted this simple daily practice, fueling a wave of workers in unreached regions <http://wgm.org/>.

Why This Call Matters

These are the last words of Jesus before He ascended to heaven. They are:

Backed by the authority of the risen King.

Rooted in our identity as chosen disciples.

Commanded by Scripture.

Empowered by the Spirit.

How to Respond

Pray daily: Begin your day by saying "Yes, Lord" to His Great Commission.

Adopt a place: Commit to praying over one unreached group or city until disciples multiply there.

Multiply weekly one hour prayer groups that not only pray together but they multiply prayer groups together.

Start a 3/3rds Discovery Bible Study (DBS): Gather a group committed to being disciples, multiplying disciples, and multiplying DBS groups with the same DNA.

Ignite Luke 10:2 prayer: Set a daily alarm at 10:02 to pray for God to send out more laborers into His harvest.

The Call from Below

A Cry That Cannot Be Ignored

From Genesis to Revelation, God is portrayed as the One who hears the cry of people in bondage and despair (Exodus 3:7). That cry hasn't stopped. It rises today from refugee camps, city streets, and unreached villages — a cry for hope, for truth, for life.

Jesus gave us a sobering picture in Luke 16:27–28. A man in torment begs:

“Send someone to my father’s house...for I have five brothers. Let him warn them, so that they will not also come to this place of torment.”

Here’s a question that cuts to the heart:

Do you have loved ones who have died — and if you could just hear their voice — would you feel the urgency of their plea for the people they left behind?

If those who are lost and gone could speak, their passion for the salvation of others would eclipse ours. But why should they care more than we who are still alive and entrusted with the gospel?

When the Church Listens, Movements Begin

In Acts 16, Paul saw a vision of a man from Macedonia pleading, “Come over and help us.” He listened — and the gospel leapt into Europe.

In the 1800s, Hudson Taylor could not escape the cries of inland China. He wrote, “I feel as if I could not go on living unless I do something for the people of China.” His response birthed the China Inland Mission and ignited movements still bearing fruit today.

In our time, the cries are just as real. When Afghan refugees arrived in Oklahoma City, one church prayed and acted. They hosted halal dinners, taught English, and furnished homes. Families experienced the love of Christ through prayerful compassion.

In Virginia, a church welcomed a teenage Afghan girl into their family. They celebrated her birthdays, helped her navigate school, and even shared Ramadan dinners. Love like that breaks down walls and opens hearts to the gospel.

The Call Is Loud in Our Day

The cries are not far away. They are at our doorsteps. Afghans, Somalis, Persians, Hindus, Buddhists, Sikhs, and unreached indigenous groups from Latin America are living in British Columbia, Washington, Oregon, and California. Their voices echo the Macedonian plea: “Come walk with us. Show us hope.”

How We Respond

Pray Luke 10:2 daily. Set your alarm for 10:02. The harvest is plentiful. Cry out for workers to be thrust into the fields.

Open your eyes locally. The nations have come to our neighborhoods. Look for the refugee, the international student, the immigrant worker. The call from below is beside you.

Start small but act now. Invite a neighbor from another culture for a meal. Volunteer with a refugee ministry. Start a Discovery Bible Study in your living room.

A Call That Demands an Answer

The call from below is not optional. It is urgent. It is eternal. Every cry is a reminder that time is short, eternity is long, and the gospel is powerful.

So I ask again:

Do you have loved ones who have died — and if you could hear their voice, would you not feel the urgency of their plea for those still alive?

The harvest is crying out. The only question is: Will you respond?

The Call from Within

The Fire God Plants in a Heart

There are some believers who cannot be content staying where the gospel is already known. The Holy Spirit places within them a passion to go where Christ has not yet been preached. Paul described it in Romans 15:20:

“It has always been my ambition to preach the gospel where Christ was not known, so that I would not be building on someone else’s foundation.”

This is the call from within—that deep, Spirit-given urgency to take the gospel to those who have never heard. It is not born out of guilt, but out of love. It is not driven by pressure, but by the Spirit’s fire.

Paul’s Example

Paul could have spent his life strengthening the growing churches in Judea. Instead, the Spirit drove him outward. He longed to carry the gospel further, to Spain and beyond, into uncharted territory. When the Macedonian vision redirected him in Acts 16, he didn’t hesitate. He crossed into Europe because the Spirit within him refused to let him settle for the familiar.

A Passion that Cannot Be Ignored

History is full of men and women marked by this inner call:

Hudson Taylor couldn’t rest while millions in inland China lived and died without Christ. His journals reveal a relentless conviction: “I feel as if I could not go on living unless I do something for the people of China.”

Adoniram Judson burned with a vision for Burma, enduring hardship and imprisonment because he could not deny the Spirit’s call within him.

And in our time:

Among Afghans in North America: In cities like Sacramento and Toronto, believers have been stirred to relocate into Afghan neighborhoods. One young man said, “I thought I came here to get a job. But the Spirit wouldn’t let me shake the burden. God put Afghans in my heart, and now I live among them so they can see Christ.”

In Central Asia: A schoolteacher in a restricted Muslim-majority country began meeting secretly with women in her home. She explained, “I couldn’t sleep at night until I shared the hope I have in Christ.” Within a few years, those small gatherings multiplied into house fellowships across her city.

These are not extraordinary people. They are ordinary believers who answered the extraordinary Spirit’s inner call.

Why the Call from Within Matters

Without this inner call, Christianity drifts toward comfort. Churches grow inward instead of outward. Believers settle for safety instead of sacrifice.

But when the Spirit awakens a vision to pioneer where Christ is not known, the gospel leaps forward into unreached places. Multiplication happens because someone, somewhere, said yes to the inner call: “I will go.”

How to Respond to the Call from Within

Fan the flame. If you feel this stirring, don’t ignore it. Pray, fast, and seek confirmation in God’s Word.

Seek training. God’s inner call is strengthened when believers are equipped to disciple others cross-culturally.

Join others who carry the same fire. Movement spreads when visionaries link arms.

Send if you cannot go. Not everyone is called to leave home, but every church is called to fuel those who are.

Call to Action

The Spirit still places holy ambition inside ordinary people. He still whispers: “Go where Christ has not yet been named. Build on no one else’s foundation.”

The question is not whether God is still calling. The question is whether we will respond.

Will you let the Spirit’s fire within you become a flame that carries the gospel to those who have never heard?

Play

The Call from Without

God Speaks Through Circumstances

Sometimes vision comes not only by hearing God’s command (above), the cries of the lost (below), or the Spirit’s inner whisper (within) — but through the circumstances that press upon us from the outside. This is the call from without.

God uses world events, migrations, crises, and cultural shifts to redirect His people into His purposes. What feels like interruption is often divine invitation.

The Macedonian Call

Few stories illustrate this better than Acts 16. Paul and his team had their own plans. They tried to enter Asia, but “the Spirit of Jesus would not allow them.” They turned toward Bithynia, but again the way was closed. Then, in the night, Paul saw a vision:

“A man of Macedonia stood and begged him, ‘Come over to Macedonia and help us.’ After Paul had seen the vision, we got ready at once to leave for Macedonia, concluding that God had called us to preach the gospel to them.” (Acts 16:9–10)

This was the call from without—a plea from across the sea, a door opened by God, and an opportunity that could not be ignored. Paul responded, and the gospel entered Europe for the very first time.

Modern Macedonian Calls

The world is filled with similar calls today:

The Afghan Crisis: After the fall of Kabul in 2021, tens of thousands of Afghans were resettled in North America. In Oklahoma City, churches immediately mobilized to provide food, housing, and English classes. One leader said, “We had prayed for years that Afghans would hear the gospel. We never thought they would come here. Their arrival is our Macedonian call.”

International Students: At the University of British Columbia, a small group of believers started welcoming international students from closed countries like Saudi Arabia and China. One student confessed, “Back home, I never met a Christian. Here, you invited me into your home. This is the first time I’ve heard about Jesus.” A Macedonian call answered over dinner tables.

Syrian Refugees in Europe: When war drove millions from Syria, many landed in Germany. Churches that had never before engaged Muslims suddenly found their pews filled with seekers. One pastor reflected, “The refugee crisis was our Macedonian vision. We realized God was saying, ‘Do not fear them. Help them.’”

Each of these situations echoes the cry: “Come over and help us.”

Why the Call from Without Matters

If Paul had ignored the vision, Europe might have waited centuries longer for the gospel. Vision is not just about seeing what is near; it’s about recognizing when God is pushing us into new harvest fields.

The call from without confronts us with this reality: God is sovereignly moving people so that they might seek Him (Acts 17:26–27). Our role is to see the open door and walk through it.

How to Respond to the Call from Without

Discern the redirection. Like Paul, be ready when God closes one door and opens another.

Answer the plea. Look at refugee families, immigrant neighbors, or international students not as interruptions but as Macedonian calls.

Move quickly. Paul and his team “got ready at once” to obey. Delayed obedience is often lost opportunity.

Call to Action

The call from without is not subtle. It is the world crying, “Come and help us.” The question is whether we will recognize it and respond with urgency.

Like Paul, we must conclude: “God has called us to preach the gospel to them.” Lift the second sail. Cast vision. Answer the Macedonian call.

Now you have all four articles in the Cast Vision (Sail 2) mini-series, with the Macedonian call strongly featured in both The Call from Within and The Call from Without.

Sail 3: Focus on God’s Word - Movements Anchored in Scripture

“Everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock.” — Matthew 7:24

Why We Need an Anchor

Movements thrive or fail based on their foundation. Strategies, vision, and passion are important—but if discipleship isn’t rooted in God’s Word, it won’t last. Jesus taught that true wisdom isn’t just hearing but doing His words. Scripture is our anchor, ensuring that rapid growth is also deep growth.

Story: The Movement That Drifted

A fast-growing network in one region planted over 300 groups in a year. But without deep engagement in Scripture, some leaders replaced biblical teaching with personal opinions. Within two years, most groups fizzled. Another network in the same country slowed down just enough to ground every group

in obedience to the Word. Ten years later, they've multiplied into thousands of healthy churches.

Lessons for Movement Builders

Scripture Above All: Strategies change; God's Word does not.

Obedience as the Metric: Success is measured by lives transformed, not just groups counted.

Guardrails Against Drift: Regular Scripture engagement keeps movements aligned with God's purposes.

Leaders in the Word: Multiplying leaders are first and foremost students and doers of Scripture.

Cultural Relevance Without Compromise: Translate and contextualize, but stay true to God's truth.

A Vision for Global Saturation

Imagine every village, city, and digital community flooded with Scripture—in heart languages, oral stories, sign language videos, and interactive apps. This isn't a dream; it's happening. In some places, DBS groups outnumber church buildings. God's Word is advancing rapidly, even in restricted regions.

Call to Action

Anchor your personal life in a daily Scripture + obedience rhythm.

Train leaders to teach others the commands of Christ (Matthew 28:20).

Invest in Bible translation, distribution, and disciple-making strategies.

Pray for global saturation of Scripture—so every people group has access.

Next Steps in the Seven Sails Journey

With Sail 3 raised, you've seen the power of Scripture to spark, sustain, and safeguard movements. Next, we'll raise Sail 4: Go Out Among the Lost—turning God's Word outward into action.

Scripture is the Compass of Movements

Movements that multiply disciples and churches don't rise on clever strategies or personalities; they are anchored in God's Word. Without Scripture as our foundation, momentum will drift, slow, or even collapse. But when ordinary believers engage the Bible simply and Spirit-led, the Word itself becomes the teacher, trainer, and catalyst.

In Disciple-Making Movements (DMMs), we don't just teach Scripture—we help people discover it for themselves and obey what they hear. This fuels multiplication because everyone draws from the same

unchanging source of truth rather than relying solely on a teacher.

Why Scripture is Central

The Word Transforms Hearts God's Word is alive and active (Hebrews 4:12). It penetrates deeper than any sermon or program, convicting, comforting, and bringing life.

The Word Multiplies Disciples Paul reminded Timothy that Scripture makes us wise for salvation and equips us for every good work (2 Timothy 3:15-17). When everyday believers have the Word, they have everything they need to make disciples.

The Word Spreads Rapidly In Acts, the gospel multiplied not through centralized leaders but because "the word of God continued to spread, and the number of disciples multiplied greatly" (Acts 6:7). Movements happen when the Word moves freely from house to house and heart to heart.

3/3rds Discovery Bible Study (DBS): Simple & Reproducible

One of the simplest yet most powerful ways to multiply disciples is through 3/3rds Discovery Bible Study.

A 3/3rds DBS group asks repeatable questions like:

What does this teach us about God?

What does this teach us about people?

How will we obey this?

Who will we share this with?

Everyone participates. Everyone obeys. Everyone can multiply.

Practical Ways to Raise This Sail

Scripture Access for All – Share the Bible in every language and format: print, audio, video, and digital. Empower Ordinary Believers – Train people to facilitate DBS groups without needing formal titles. Make Obedience the Goal – Shift from knowledge-based discipleship to obedience-based discipleship. Multiply Generations – Teach every group that they can start another group, creating streams of multiplication.

A Call to Action

Raising this sail means making God's Word the anchor of every effort. It's not about how much we know but how quickly and fully we obey.

Start a 3/3rds DBS this week with one friend or family member. Commit to obeying one thing from Scripture every time you read it. Share what you discover with someone else this week.

When every believer becomes a student and messenger of God's Word, multiplication is unstoppable.

Obedience-Based Discipleship Transforms

Many Christians equate maturity with how much they know about God's Word. But Jesus measured maturity by how much we obey.

"Teaching them to obey everything I have commanded you." – Matthew 28:20

Obedience is the fuel of disciple-making movements (DMMs). When every disciple obeys and shares, multiplication becomes unstoppable.

Truth #1: Information Without Obedience Is Deception

James warns us:

"Do not merely listen to the word, and so deceive yourselves. Do what it says." – James 1:22

Biblical knowledge without action creates spiritual consumers instead of disciple-makers. Movements happen when disciples hear God's Word, do what it says, and pass it on.

A Story That Shows the Power of Obedience

In East Africa, Grace couldn't read, but she listened to audio Bible stories. When she heard Jesus' parable of the unforgiving servant (Matthew 18:21–35), she forgave a family member who had deeply wronged her. Her radical obedience stunned her community.

They asked, "What changed you?" She simply shared the story she had heard.

Within one year, five generations of Discovery Bible Study groups sprang up—because one woman listened, obeyed, and shared.

Practical Ways to Make Obedience the Goal

Ask Obedience Questions: After Scripture reading, ask: "What does this teach me about God? About myself? What will I do?"

Set Action Steps: Encourage small, clear, actionable obedience each week.

Share Obedience Stories: Begin every gathering with: “How did you obey God’s Word since we last met?”

Lead with Vulnerability: Share your own obedience struggles to create a safe culture of growth.

Why This Works in Movements

Empowers everyone to be a disciple-maker, not just “leaders.”

Keeps Scripture central and reproducible.

Builds a culture of obedience over information.

When obedience becomes the normal expectation, multiplication accelerates.

Call to Action

Which verse has God been impressing on your heart lately? How can you obey it today—and share that story with someone else?

■ This week, take one small step of obedience. Watch how God uses your step to spark faith in others.

Everyone Needs Access

“Your word is a lamp to my feet and a light to my path.” — Psalm 119:105

The Need: A Lamp for Every Path

Millions of people still live without access to Scripture in their own language. Others have Bibles but lack understanding or discipleship tools. If Disciple-Making Movements (DMMs) are going to flourish, every believer—and every seeker—needs God’s Word in a form they can hear and/or read, understand, and obey.

Story: The Audio Bible in the Market

In a rural African market, a young woman heard God’s Word for the first time—through a solar-powered audio Bible playing in her language. She stopped to listen, tears running down her face, and later started a Discovery Bible Study (DBS) with her family. Today, that group has multiplied into five other groups.

What changed? Access. Without that audio Bible, she may never have encountered God’s Word.

Principles for Movement-Minded Scripture Access

Translate & Simplify: Support efforts to translate Scripture into every heart language. Even partial translations can spark multiplication.

Oral Strategies: In oral cultures, use audio Bibles, dramatized stories, or local storytellers.

Digital Tools: Leverage apps like YouVersion and WhatsApp-based Scripture distribution.

Low-Tech Distribution: In remote regions, share microSD cards, solar-powered players, and printed Scripture booklets.

Training in Obedience: Teach believers to read, obey, and share Scripture from day one.

Reproduce Locally: Empower local leaders to duplicate materials—digital or printed—so distribution is rapid and sustainable.

Why This Matters

Movements thrive when every believer has the Word at their fingertips. Access unlocks obedience, multiplication, and transformation. The fastest-growing church movements in history—from Acts to modern Asia and Africa—prioritized Scripture in the language and format of the people.

Challenge

Download or print Scripture resources in your local language.

Share an audio Bible link with someone who can't read.

Support Bible translation efforts financially or through prayer.

Start a DBS in your home, neighborhood, or workplace.

Closing Thought

Scripture in every language is not optional; it's the foundation of disciple-making. When God's Word flows freely, His Kingdom advances rapidly. Let's remove every barrier so that His truth spreads to every tribe, tongue, and nation.

Sail 4: Go Out Among The Lost

Why Going Matters

A New Mini-Series: Sail 4 in the Seven Sails Journey

This article launches a new mini-series on Sail 4: Go Out Among the Lost—part of the Seven Sails framework for sparking Disciple-Making Movements (DMMs).

We’ve already raised three sails:

Multiply Extraordinary Prayer

Cast Vision

Focus on God’s Word

Now it’s time to raise Sail 4. A sailboat isn’t meant to stay in the safety of the harbor. Likewise, disciples aren’t meant to remain in holy huddles—we’re called to step boldly into the world of the lost, bringing the light of Jesus where it’s most needed.

Scripture: Jesus Went First

“For the Son of Man came to seek and to save the lost.” — Luke 19:10

Jesus didn’t wait for Zacchaeus to wander into the synagogue. He stopped beneath a tree, called him by name, and went to his home. Jesus is our model: He seeks, He goes, and He saves.

Story: Coffee in a Corner Shop

In South Asia, a young believer prayed daily for his neighborhood. One day, he felt prompted to buy coffee from a small shop he’d never visited. The owner was curious about his faith and invited him back. Weeks later, that shop became a Discovery Bible Study hub. Today, five families are following Jesus—because one disciple stepped out of his comfort zone and went where the Spirit led.

Movement Principle

Lost people rarely come to us—we must go to them.

Movements grow when disciples are active witnesses in daily life.

Going is not a one-time event; it’s a lifestyle of intentional presence.

Challenge

Identify one place in your community where lost people gather.

Pray: “Lord, open my eyes to those You are already drawing.”

Start a spiritual conversation this week—listen more than you speak.

Closing Thought

This mini-series will unpack practical steps for living out Sail 4. We'll explore:

Finding Persons of Peace,

Turning conversations into discovery,

Bold witness despite risk, and

Why going is at the heart of Jesus' mission.

"As the Father has sent me, I am sending you." — John 20:21

Let's raise Sail 4 together and follow Him out among the lost.

Part 2: Finding Persons of Peace

Mini-Series Note: We're raising Sail 4 in the Seven Sails series! After exploring Why Going Matters, this week we focus on a practical strategy Jesus gave His disciples: Look for the Person of Peace.

Jesus' Simple Strategy

"When you enter a house, first say, 'Peace to this house.' If someone who promotes peace is there, your peace will rest on them... Stay there, eating and drinking whatever they give you." — Luke 10:5–7

Jesus sent His followers out with simple instructions: find those God has already prepared. These are people who welcome you, receive the message, and open doors for the Gospel to spread through their networks.

Who Is a Person of Peace?

A Person of Peace is someone who is:

Receptive – Open to spiritual conversations and friendship.

Relationally Connected – Influential in their family, workplace, or community.

Ready to Respond – Takes steps of faith and obedience quickly.

Instead of convincing everyone, Jesus calls us to partner with His preparation and focus where He is already at work.

Why It Matters

Disciple-Making Movements grow through relationships, not programs.

When a Person of Peace responds, they often bring their entire household Acts 16

They serve as natural bridges for the Gospel to multiply.

This approach keeps us focused and fruitful, rather than striving in hard soil.

Story: The Market Vendor

In East Africa, a disciple-maker prayed for weeks to meet a person of peace. One day, she started a conversation with a vegetable vendor who eagerly welcomed stories of Jesus. Soon, the vendor invited her family and neighbors to hear more. That one conversation led to a Discovery Bible Study that has now spread to three villages.

How to Find a Person of Peace

Pray for Open Doors – Ask God for divine appointments (Colossians 4:3).

Be Intentional About Conversations – Start small; listen deeply.

Offer to Pray for Needs – Simple prayer often opens hearts.

Watch for Hospitality – Invitations are often God's signal.

Test Obedience Early – Share a Bible story; see who applies it.

Call to Action

Ask God this week: “Who have You already prepared for me to meet?”

Write down three names or places you feel prompted to revisit.

Offer to pray for someone you encounter.

Share a simple Jesus story and see who responds.

Next up: How to turn everyday conversations into discovery—laying a foundation for multiplication right where you are.

Part 3: Turning Conversations into Discovery

Mini-Series Note: We're continuing Sail 4 in the Seven Sails series! In Part 1, we saw Why Going Matters. In Part 2, we learned to look for Persons of Peace. Now, let's explore how to turn everyday conversations into life-changing discovery that leads to multiplication.

Everyday Conversations Can Lead to Eternity

Most spiritual breakthroughs begin with simple conversations: a chat over coffee, a comment at the market, a moment of vulnerability at work. Jesus used ordinary moments to spark discovery—questions about water at a well (John 4), or a story told on a hillside (Matthew 13).

When we listen carefully, ask good questions, and share Jesus stories, everyday conversations become stepping stones to the Kingdom.

The Power of Questions

Instead of preaching or debating, ask questions that invite curiosity:

“What do you believe about God?”

“How do you find peace when life is stressful?”

“Would you like to hear a story from the Bible about that?”

Questions open hearts. Stories from Scripture plant seeds. Together, they lead to discovery.

Story: A Taxi Ride That Sparked a Movement

In South Asia, a believer started talking with a taxi driver about his favorite Scripture. That brief ride turned into a weekly Discovery Bible Study in the driver’s home. Today, four generations of groups trace back to that one conversation.

From Conversation to Discovery Bible Study (DBS)

A simple pathway to multiply disciples:

Ask a Question – Listen to their story.

Share a Story – Tell a short Bible passage that relates.

Invite Discovery – “Would you like to read more stories like this?”

Start a DBS – Meet weekly; let God’s Word lead.

Model Obedience – Ask, “What will you do with what you learned?”

Practical Tips for Everyday Evangelism

Carry Scripture in Your Heart – Memorize a few key stories.

Be Present & Curious – Look for moments God highlights.

Share Naturally – Tell what Jesus has done for you, without pressure.

Ask About Needs – Offer to pray right there.

Follow Up Quickly – Don't let conversations end without an invitation to continue.

Call to Action

This week, pray for one meaningful conversation with someone far from God.

Write down one story of Jesus you can share naturally.

Be intentional about listening more than speaking.

Ask God to turn a simple chat into a DBS invitation.

Next in this series: Bold Witness in Risky Places—how to walk in courage when obedience feels dangerous.

Part 4: Bold Witness in Risky Places

Mini-Series Note: We're raising Sail 4 in the Seven Sails series! We've explored Why Going Matters, how to find Persons of Peace, and how to turn conversations into discovery. Now, let's lean into the courage needed for bold witness, especially where following Jesus feels risky.

Courage Was Normal for the Early Church

The book of Acts shows believers boldly sharing Jesus in hostile environments:

Peter and John preached openly after being jailed and threatened (Acts 4).

Stephen gave witness before a hostile council (Acts 7).

Paul and Silas sang in prison after being beaten (Acts 16).

Jesus promised His followers hardship, but also His presence:

“In this world you will have trouble. But take heart! I have overcome the world.” — John 16:33

Why Boldness Matters in Movements

Movements spread fastest in places of risk because:

Faith Grows Under Pressure – Persecution often strengthens commitment.

Witness Shines Brightest in Darkness – Courageous believers stand out.

Obedience Breeds Multiplication – The more costly the faith, the more contagious it becomes.

Many Disciple-Making Movements today are growing where Christianity is illegal or culturally resisted. Ordinary believers, empowered by the Spirit, choose obedience over fear.

Story: The Hidden Church

In a closed nation, a young woman quietly shared Bible stories with her neighbors, even though conversion was illegal. She was arrested and questioned but refused to stop. Today, a network of secret house churches exists because one young believer chose courage over comfort.

How to Grow Boldness

Abide Deeply – Courage flows from intimacy with Jesus.

Pray for Boldness Daily – Just like the early church did (Acts 4:29).

Start Small – Take small risks regularly to grow faith muscles.

Share Stories of Courage – Testimonies inspire faith in others.

Lean on Community – Go out in pairs, like Jesus sent His disciples.

■ Scripture to Stand On

Matthew 10:28 – “Do not fear those who kill the body but cannot kill the soul.”

Acts 1:8 – “You will receive power when the Holy Spirit has come upon you; and you will be my witnesses.”

Romans 8:31 – “If God is for us, who can be against us?”

Call to Action

Pray: “Lord, make me bold.”

Identify one small step of risk this week—starting a conversation, inviting someone to read Scripture, or speaking openly about your faith.

Share your story with a trusted friend or group to encourage them.

Next, we’ll conclude Sail 4 with The Heart of Jesus’ Mission—why going out among the lost is at the center of God’s plan for the world.

Part 5: The Heart of Jesus' Mission

Mini-Series Note: This is the final article in Sail 4 of the Seven Sails series. We've seen why going matters, how to find persons of peace, how to turn conversations into discovery, and how to walk with boldness. Now, we come to the heart of it all: Jesus' mission for the world.

Jesus Came to Seek and Save the Lost

"For the Son of Man came to seek and save the lost." — Luke 19:10

Going out among the lost isn't a strategy—it's the heartbeat of Jesus. He left heaven's glory, stepped into our brokenness, and came looking for us. Following Him means carrying that same heart to those still far from Him.

God's Mission From Start to Finish

God's plan to redeem all nations is woven through the entire Bible:

Genesis 12:3 – All nations will be blessed through Abraham's seed.

Matthew 28:18–20 – "Go and make disciples of all nations."

Revelation 7:9 – Every tribe, tongue, and nation around the throne.

Every time you leave your comfort zone for the sake of the Gospel, you're stepping right into God's global story of redemption.

Story: The Man on the Bench

In a busy Western city, a believer felt the Spirit's nudge to sit beside a stranger at a bus stop. He struck up a simple conversation and offered prayer. That man invited him to his home, and a Discovery Bible Study was born. Today, that single conversation has impacted multiple immigrant communities. Sometimes "going" begins with one small step of obedience.

Pray God's Heart Over the Lost (BLESS Prayer)

Before going out, align your heart with God's using the BLESS Prayer:

B – Body: Pray for safety and health as you go.

L – Labor: Ask God to guide your steps and bless your work.

E – Emotions: Pray for courage and compassion.

S – Social: Ask for divine connections with Persons of Peace.

S – Spiritual: Pray for open hearts, protection, and transformation.

Key Takeaways

Going is Love in Action – Jesus sought us; now we go for others.

The Spirit Leads the Way – We never walk into a place God hasn't already prepared.

Multiplication is God's Heartbeat – His plan is for families and nations, not just individuals.

Obedience Changes Us Too – Going out deepens intimacy with Jesus.

Scriptures to Anchor This Sail

Luke 15 – The shepherd leaves the 99 for the one.

John 20:21 – “As the Father has sent me, I am sending you.”

Acts 13:47 – “I have made you a light for the Gentiles, that you may bring salvation to the ends of the earth.”

Call to Action

Pray daily for God's heart for the lost.

Adopt a neighborhood or group to bless intentionally.

Gather a friend or team to go out together.

Ask the Spirit to show how your story fits in His global mission.

This wraps up Sail 4! Next, we'll raise Sail 5: Train Believers—turning disciples into disciple-makers who multiply movements.

Sail 5: Train Believers

Why Every Believer Must Be Trained

The DNA of Multiplication

Movements don't grow by adding more professional ministers. They grow when ordinary believers are trained to obey Jesus and train others.

Jesus didn't just gather crowds; He trained fishermen, tax collectors, and ordinary women and men to carry His mission forward.

■ “The student is not above the teacher, but everyone who is fully trained will be like their teacher.” – Luke 6:40

Training is the bridge that turns hearers into doers, and doers into trainers of others. Without it, movements stall.

A Scriptural Pattern

Paul explained this generational vision to Timothy:

“The things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others.” – 2 Timothy 2:2

That’s four generations in a single verse:

Paul → Timothy → Reliable People → Others. This simple handoff has fueled movements for 2,000 years.

Real-Life Illustration

In a Muslim-majority country, a young man came to Christ after a friend shared the gospel. Within a week of baptism, he was shown how to share his testimony and lead a Discovery Bible Study.

At first he felt unqualified. But he was trained to pass on what little he knew. He started with his cousin. That cousin believed and gathered a small group. Within months, there were four new groups meeting weekly.

No seminary degrees. No church buildings. Just ordinary believers being trained to obey and share.

Why Training Matters

Without training, believers remain consumers instead of reproducers.

With training, every believer becomes a disciple maker.

The priesthood of all believers comes alive, and the gospel spreads to places we could never reach alone.

Reflection + Call to Action

Who trained you to follow Jesus?

Who are you training right now?

What if every believer you knew became both a disciple and a trainer?

This is why raising Sail 5 matters: train believers, and movements multiply.

Sail 5: Train Believers

Equipping the Everyday Disciple

The Power of Ordinary People

When Jesus launched His movement, He didn't recruit the elite. He chose fishermen, tax collectors, zealots—ordinary men and women. But He didn't leave them unprepared. He trained them in simple, reproducible ways so they could pass on what they learned.

The same is true today. Disciple-Making Movements thrive when believers are trained—not to be experts, but to be equippers. Paul wrote: “And the things you have heard me say... entrust to reliable people who will also be qualified to teach others.” (2 Timothy 2:2)

Notice the multiplication: Paul → Timothy → reliable people → others. Training was never meant to stop at the second generation.

Keep It Simple and Reproducible

Movements stall when training becomes too complex. If people need degrees, money, or specialized skills, multiplication slows to a crawl.

Jesus modeled MAWL (Model, Assist, Watch, Launch).

Model – Show them how to pray, share, or lead a Discovery Bible Study.

Assist – Do it with them until they gain confidence.

Watch – Step back while they take the lead, offering feedback.

Launch – Release them to train others.

This is how disciples multiply disciples, churches multiply churches, and movements expand.

A Real-Life Illustration

In West Africa, a young believer named Musa came to Christ. Within weeks, his mentor showed him how to share his testimony and lead a simple Bible discussion. Musa practiced with his family, then with neighbors. Soon he was training others.

A year later, four generations of groups had formed—without a seminary degree, budget, or imported program. Just ordinary people, equipped and released.

Scripture Spotlight

“To equip his people for works of service, so that the body of Christ may be built up.” (Ephesians 4:12)

“Everyone who is fully trained will be like their teacher.” (Luke 6:40)

Training is not about creating dependency—it’s about equipping every believer to walk like Jesus and make disciples who do the same.

Practical Takeaways

Train with tools that are simple, biblical, and transferable.

Use MAWL to move from showing → doing → releasing.

Expect and encourage immediate obedience—what is learned today can be practiced today.

Celebrate multiplication stories, not just individual growth.

Call to Action

Who are the “Timothys” in your life? Start with one or two believers you can train. Keep it simple. Walk with them until they can walk with others. Because in God’s design, every believer is not just a disciple—they are a disciple-maker in training.

Sail 5: Train Believers

Why the Right Tools Matter

If you want a fire to spread, you don’t hand someone a blowtorch—you give them a match they can easily light again and again. In the same way, if we want disciples to multiply, we need to put tools in their hands that are simple, biblical, and transferable.

Movements slow down when training requires seminary courses, elaborate programs, or materials that can’t be reproduced. But when disciples are equipped with simple practices anyone can learn and pass on, the fire spreads quickly.

A Biblical Pattern

In Acts 19, Paul trained disciples in Ephesus daily. The result? “All the Jews and Greeks who lived in the province of Asia heard the word of the Lord.” (Acts 19:10)

Paul didn't do this by himself—he equipped others with tools they could carry into new towns, homes, and marketplaces. The Word spread, not because of one gifted teacher, but because ordinary disciples were empowered with reproducible tools.

Multiplying Tools That Work

Here are some of the simple tools being used around the world to catalyze Disciple-Making Movements:

SOAPS Bible Reading – A simple way to read, apply, and obey Scripture daily.

3/3rds Groups – A reproducible small group format: Look Back (care/accountability), Look Up (Scripture), Look Forward (obedience/mission).

BLESS Prayer – A framework for praying over the lost: Body, Labor, Emotions, Social, Spiritual.

Testimony Sharing – Every believer learning to share their story of encountering Jesus in 3 minutes.

Discovery Bible Study (DBS) – Asking questions of Scripture so anyone, even seekers, can engage and obey.

These tools don't require special knowledge, buildings, or budgets. They are lightweight, portable, and designed for multiplication.

A Real-Life Illustration

In South Asia, a young woman named Priya was trained in how to share her testimony and lead a DBS. Within weeks she started groups in her home and with her friends at the market. She didn't own commentaries, study guides, or church programs—just the tools she was given.

Today, her obedience has led to multiple generations of groups forming across her region. The tools were simple, but the impact was extraordinary.

Practical Takeaways

Choose tools that are simple, biblical, and easily reproducible.

Teach every believer how to use at least one tool right away.

Remember: the goal isn't mastery but multiplication.

Celebrate when disciples use these tools to train others, not just when they learn them.

Call to Action

What tool can you put in someone's hands this week? Start small. Teach them how to share their story, pray using BLESS, or lead a simple DBS.

Because when we give disciples tools that multiply, the gospel spreads further and faster than we ever imagined.

Sail 5: Train Believers

Equipping Every Believer for the Work of Ministry

Scripture Anchor

“Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, to equip his people for works of service, so that the body of Christ may be built up...” (Ephesians 4:11–12)

Big Idea

Movements multiply when ordinary believers realize that training is not just for pastors or professionals. Every follower of Jesus can learn, practice, and pass on simple, reproducible tools that equip them to make disciples who multiply.

Illustrations from the Field

The Chain Reaction in India A young man in a rural village learned to lead Discovery Bible Studies after just one week of training. Instead of waiting until he felt “ready,” he started with his cousins. Within six months, they had started four new groups across different towns. His secret? Passing on the same tools he’d just learned — without editing or complicating them.

Grandmother to Grandchildren in Kenya A grandmother with little formal education began teaching her grandchildren how to share the story of the Prodigal Son. They not only retold it at school but also invited their classmates into a Bible discovery group. Even children can multiply when we train them simply and expect obedience.

The Soccer Coach in Brazil A soccer coach started a short “team talk” using the 3/3rds pattern after a training session. Players began bringing friends, and soon those friends were starting groups in their own neighborhoods. One coach became dozens of disciple-makers because he applied what he had just learned in a natural setting.

Practical Applications

Use MAWL (Model, Assist, Watch & Leave) as Your Compass

Start Where People Already Gather Training doesn't need a classroom. Living rooms, workplaces, sports fields, WhatsApp chats — these can all become training grounds.

Train for Generations, Not Just Gatherings Ask: Can the person I'm training today train someone else tomorrow? That question shapes whether you are building a movement or simply running a program.

Keep Tools Simple and Sticky Use hand motions, drawings, and symbols to make tools memorable. For example, the "3 Circles" gospel tool can be drawn on a napkin in less than two minutes.

Empower the Least Expected In Acts 4, ordinary fishermen amazed the leaders because they had been with Jesus. Expect God to use students, widows, children, and new believers as effective trainers when given the chance.

Broader Impact

Training a few well doesn't just impact those individuals — it creates streams of multiplication. One obedient disciple can start a cascade of disciples who train others, leading to exponential growth. Movements around the world are proving this: when believers are trained to obey and pass on, the gospel travels faster than any one leader could carry it alone.

Challenge & Call to Action

Who are your "few"? Identify at least 2–3 believers you can intentionally train this month.

Pick one tool (e.g., SOAPS journaling, BLESS prayer, 3/3rds group, DBS) and practice training them until they can train others.

Ask God: "Lord, how can I equip others so that they can equip others?"

Remember: Movements advance at the speed of training. Don't just make disciples — train disciple-makers.

Sail 6: See Groups Start

Why Groups Matter

Movements Multiply Through Groups, Not Just Individuals

When the Holy Spirit fell at Pentecost, the church was born in groups. Acts tells us, "Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with

glad and sincere hearts... and the Lord added to their number daily those who were being saved” (Acts 2:46–47).

From the beginning, the church wasn’t built on auditoriums or celebrity leaders. It was built on ordinary disciples meeting in ordinary homes, discovering God’s Word, obeying it together, and sharing it with others.

Why? Because groups multiply. One preacher can speak to thousands, but when believers meet house-to-house, the fire spreads far beyond any single voice.

A True Story from Africa

In a rural West African village, three women gathered under a mango tree to listen to a story from Luke’s Gospel. They weren’t pastors or missionaries—just mothers and farmers. Each week they came back, hungry to hear more and to obey what they learned.

Soon, they invited their neighbors. Within six months, their small group had multiplied into five groups meeting in different courtyards. By the end of two years, there were over a dozen groups spread across the village and into surrounding communities.

No church building had been constructed. No foreign funding had arrived. Yet transformation was undeniable: marriages restored, quarrels settled, children learning to pray, and the name of Jesus honored in places where He was barely known before.

This is the power of groups.

The Scriptural Pattern

The New Testament overflows with evidence:

Jesus trained His disciples as a group. He sent them out two by two (Mark 6:7) and expected them to multiply what He had taught.

The 120 gathered together in the Upper Room before Pentecost (Acts 1:15).

House churches sprang up in every city: in Philippi (Acts 16:40), Corinth (1 Corinthians 16:19), Colossae (Philemon 1:2).

Paul wrote not to single individuals alone, but to “the church that meets in your house.”

In other words, the DNA of the early church was small, multiplying communities of disciples.

Why Groups Fuel Movements

Groups are reproducible. Anyone can gather friends or family around Scripture—no building required.

Groups bring accountability. We don't just hear God's Word—we obey it together.

Groups reach networks. One person can influence a family; one family can transform a neighborhood.

Groups multiply faster. It's easier to multiply a living room than a cathedral. That's why movements that change nations always have groups at their core.

Modern Illustration

A catalyst in South Asia once discipled a single shopkeeper. Instead of keeping it private, that shopkeeper immediately started a group with his wife, children, and cousins. Within months, his brother began another group in his own home. Two years later, they had mapped out seven generations of groups—hundreds of people hearing and obeying the Word of God.

The catalyst later said, "If I had focused on making strong individuals, we might have had five disciples. Because we focused on starting groups, we now have 500."

Application: What This Means for Us

Don't stop at individuals. If you lead someone to Christ, encourage them to invite others to form a group around the Word.

Keep it simple. A Bible, a few friends, and a commitment to obey—that's all it takes.

Focus on obedience, not just knowledge. Ask each week: "What will we do in response to what we've heard?"

Expect multiplication. Challenge each group to start another group.

Call to Action

This week, ask yourself:

Who in my circle could I gather for a simple group to discover God's Word?

What household, workplace, or neighborhood could become a new hub for the gospel?

Don't wait until you feel "ready." The early believers didn't. They simply gathered, obeyed, and trusted the Spirit to multiply.

Remember: One group can change a household. A stream of groups can change a city. Streams of multiplying groups can transform nations.

Sail 6 is about seeing groups start. And starting one might be the single most impactful step you take for the Kingdom this year.

Sail 6: See Groups Start

From Individuals to Families & Communities

God's Heart Is for Households

When Paul and Silas were thrown into prison in Philippi, God shook the earth to set them free. The terrified jailer fell before them, crying out, “What must I do to be saved?” Their response was not just personal—it was generational: “Believe in the Lord Jesus, and you will be saved—you and your household” (Acts 16:31).

That night the jailer washed their wounds, gathered his family, and together they heard the message of Jesus. By dawn, they were baptized as a household (Acts 16:32–34).

From the beginning, God's plan has always been bigger than individuals. Noah entered the ark with his family (Genesis 7:1). Abraham was promised that “all peoples on earth will be blessed through you” (Genesis 12:3). Joshua declared, “As for me and my household, we will serve the Lord” (Joshua 24:15).

God saves people in community, and movements grow fastest when they flow through families, neighborhoods, and networks.

A Story from South Asia

In one South Asian village, a woman of peace began listening to Bible stories in her courtyard. At first it was just her children. Then her sisters came. Then cousins and neighbors joined.

Within months, her courtyard was full. Men listened through the windows. Children memorized stories and sang songs about Jesus. Her family, once known for quarrels, became known for kindness and generosity.

Soon, relatives in a nearby town asked, “Can you start a group here too?” That single woman's obedience led to an entire network of groups spreading across her extended family.

The gospel didn't just save one person—it redeemed an entire household and beyond.

The Scriptural Pattern

Cornelius: In Acts 10, Peter preached not just to Cornelius but to “all his relatives and close friends” gathered in his home. The Holy Spirit fell on everyone.

Lydia: In Acts 16:15, Lydia believed and “she and the members of her household were baptized.”

Crispus: In Acts 18:8, “Crispus, the synagogue leader, and his entire household believed in the Lord.”

Over and over, we see God using households as the gateway for His kingdom.

Why Families and Communities Matter

Households have influence. When one member turns to Christ, their testimony impacts parents, children, siblings, and extended relatives.

Groups are natural. Families and close friends already spend time together—it's easier to start a group where trust exists.

Movements spread faster. One family group can spark new groups in connected households, like ripples spreading across a pond.

A Story from East Africa

A young man came to Christ after a miraculous healing. Instead of meeting privately with a discipler, he gathered his whole family to study the Bible together.

His father, a respected elder, was the first to speak after hearing Jesus' words: "If this is true, then we must all follow Him."

That family group grew, split into two, then four. Within five years, there were over 40 groups meeting in homes across their region. Entire clans that had never followed Jesus were now walking in His ways.

It all started with one son who refused to keep his faith private.

Application: From Me to We

Start with families. When someone believes, ask, "Who else in your household should hear this?"

Encourage group baptisms. Celebrate when families choose to follow Jesus together.

Don't aim for lone converts. Pray for God to redeem relational networks—families, workplaces, villages.

Model it yourself. If you're leading someone, help them start a group in their natural circle rather than isolating them.

Call to Action

This week, pray specifically for:

A household of peace (Luke 10:6) where God can plant the gospel.

The courage to ask new believers, "Who else in your family or community needs to hear this?"

Opportunities to see not just one person, but whole networks, come into God's kingdom.

Remember: Jesus is not only Savior of individuals—He is Lord of families, communities, and nations.

When you start groups in households, you are tapping into God’s ancient strategy to bless the nations.

One open home can become the doorway for the gospel to sweep through an entire region.

Sail 6: See Groups Start

From Meeting to Multiplying – The Power of Simple Churches

Introduction – Small Beginnings, Big Impact Every movement that changed history started with small circles of people. Jesus didn’t begin with cathedrals or seminaries—He began with a few disciples gathered in homes, breaking bread, sharing the Word, and praying together (Acts 2:42). These small groups became the seeds of churches that spread like wildfire across the Roman Empire.

Today, God is doing the same again. Movements thrive not through massive gatherings, but through multiplying simple, reproducible groups that carry the DNA of discipleship and mission.

Illustration – The Ripple Effect in Rwanda In Rwanda, one woman began gathering three friends in her living room for a Discovery Bible Study. Within weeks, each friend started their own group. Soon, children were leading groups among their peers. Within one year, more than 40 groups were meeting across her town. None had buildings. None had paid pastors. But all had the Word of God, the Spirit of God, and the mission of God.

What began as one small gathering turned into a spiritual ripple across a whole community.

Scripture Foundation – Growth Through Groups

“Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts...” (Acts 2:46)

“What you heard from me... entrust to faithful people who will be able to teach others also.” (2 Timothy 2:2)

The pattern is clear: believers gather in homes, multiply through discipleship, and pass the gospel on to others.

Practical Applications – Starting Simple Groups

Begin with Discovery → Invite a few friends or neighbors to explore God’s Word together.

Keep It Simple → Read, discuss, and obey Scripture. No need for complex programs.

Multiply Quickly → Encourage every group to start another group once new believers emerge.

Empower Everyone → Train even new believers to lead. Don't wait for maturity to multiply.

Focus on Obedience → Each week, ask: "How will we live out what we learned?"

Call to Action – Don't Just Meet, Multiply What if your living room, office lunch table, or WhatsApp group could be the birthplace of a multiplying movement? Don't underestimate what God can do with a handful of people committed to His Word and His mission.

This week: Gather 2–3 people and begin a simple Discovery Bible Study. Ask God to multiply it—not for your sake, but for the sake of the unreached who are still waiting.

Sail 6: See Groups Start

Article 4: From Addition to Multiplication

We are not after addition. Jesus is after multiplication.

The Trap of Addition

Many churches celebrate when one more person comes to Christ, one more baptism happens, or one more group is started. And yes, heaven rejoices at each! But if we stop at addition, we'll never reach the ends of the earth.

Addition is linear growth. Multiplication is exponential impact.

Paul wrote to Timothy:

"The things you have heard me say... entrust to reliable people who will also be qualified to teach others." — 2 Timothy 2:2

That's four generations in one verse. That's not addition — that's multiplication!

A Real-Life Story

A young woman in East Africa led her cousin to Christ and started a simple Discovery Bible Study with her. Instead of stopping there, she immediately trained her cousin to start another group with her friends. Within 18 months, there were four generations of groups meeting under trees, in living rooms,

and by cooking fires.

She once said: “If I only make one disciple, it stops with me. But if I train each disciple to start new groups, it will keep growing even if I am gone.” That’s the heart of multiplication.

The Math of Movements

Addition: 1 person shares the gospel and discipled 10 people in 10 years → 10 disciples.

Multiplication: 1 person discipled 2 who discipled 2 more every 2 years → in 10 years, over 1,000 disciples.

The difference is not just math — it’s eternity for thousands of souls.

How to Shift into Multiplication

Expect Generations → Always look to the “grand-babies” and “great-grand-babies” of faith.

Train Immediately → Don’t wait until someone is “mature.” Teach them to pass on what they know right away.

Measure Differently → Stop counting only how many attended. Start tracking how many groups have started, and how many generations deep they go.

Call to Action

This week, ask yourself:

Am I satisfied with addition, or am I pressing toward multiplication?

Who can I train today, so they can train others tomorrow?

Pray: “Lord, take the seed of the gospel You’ve given me, and multiply it into many generations for Your glory. Amen.”

■ Multiplication, not addition, is what launches movements. It’s how Jesus’ small band of disciples turned the world upside down. Let’s raise this sail and refuse to settle for less.

Sail 6: See Groups Start

Article 5: How to Catalyze Groups That Reproduce

A movement isn’t measured by how many groups we start, but by how many groups our groups start.

Why Reproducing Matters

Jesus didn't say, "Go make converts." He said:

"Go and make disciples of all nations... teaching them to obey everything I have commanded you." — Matthew 28:19–20

Obedience-based groups naturally reproduce. When believers gather, discover God's Word, and immediately practice and share it, the pattern multiplies into family, friends, and whole communities.

A True Story

In a South Asian city, a young man began a Discovery Bible Study (DBS) with his neighbors. Within weeks, two in the group began parallel groups in their own households. Soon, there were three generations of groups.

One man said: "I used to think of myself as a student. Now I see that God has made me a teacher too. If I can learn, I can pass it on."

That shift — from consumer to multiplier — is what launches movements.

How to Catalyze Reproducing Groups

Sow Broadly → Start multiple groups rather than focusing all your energy on one. Some will multiply, others won't.

Keep It Simple → Use discovery questions anyone can lead. The simpler the format, the easier it spreads.

Empower Immediately → Don't wait for "maturity." Train new believers to lead and reproduce right away.

Look for Persons of Peace → Start groups within natural relational networks — families, friends, workplaces.

Track Generations → Always ask: "Who is this group starting next?"

The Generational Principle

1 group starting 1 new group a year = slow addition.

1 group where every group starts 2 more each year = explosive multiplication. In just four years, this could be 81 groups from one simple beginning.

Call to Action

This week, ask:

Who in my group can I release to start another group?

How can I simplify our gatherings so anyone can reproduce them?

Pray: “Lord, use our small beginnings to ignite multiplying groups that fill this city and nation with Your Word. Make disciples who make disciples until the whole earth knows You.”

Reproducing groups are the engine of every movement. When groups multiply, disciples multiply, and the kingdom advances beyond what we could ever imagine.

Sail 7: Ongoing Coaching

Why Coaching Fuels Movements Transition: From Groups to Coaching

As we’ve seen in Sail 6: See Groups Start, groups are the beating heart of movements. But even thriving groups and multiplying disciples can stall without guidance, encouragement, and accountability.

Every movement, whether in the New Testament or today, faces the same challenge: Without coaching, leaders burn out. Without coaching, groups drift off course. Without coaching, multiplication fizzles.

That’s why we raise the Seventh Sail: Ongoing Coaching. This is the steady hand on the compass, the voice in the storm, the rhythm that keeps the movement aligned with Jesus’ mission.

Sail 7: Ongoing Coaching

Why Coaching Fuels Movements

Movements collapse without ongoing encouragement and accountability.

The Need for Ongoing Coaching

Launching a group is exciting. Multiplying disciples is thrilling. But sustaining momentum over years? That takes ongoing coaching.

Even Jesus modeled this. He didn’t just send His disciples out — He welcomed them back to share stories, corrected their thinking, and refocused their hearts (Luke 10:17–20).

Paul did the same, revisiting churches and writing letters to strengthen them. Every growing church had ongoing encouragement from its founders.

Coaching isn't an "extra." It's essential course correction that keeps the ship headed toward its destination.

A Real-Life Story

In West Africa, one catalyst launched dozens of new groups. But after a year, he was exhausted and the groups had plateaued. Then, a peer coach began meeting with him monthly using a simple 3/3rds format.

Within weeks, he said: "I was ready to quit. But now I feel alive again, and my groups are multiplying."

That's the power of steady, relational coaching.

What Coaching Does

Encourages the weary → When leaders feel alone, coaching reminds them they are not forgotten.

Keeps the vision clear → Multiplication, not maintenance, remains front and center.

Strengthens obedience → Asking, "What did you obey? Who did you share with?" keeps leaders on track.

Multiplies leaders → Coaches don't just guide — they raise up new coaches.

Without Coaching vs. With Coaching

Without coaching: Groups fizzle, leaders isolate, vision fades.

With coaching: Leaders thrive, groups multiply, vision stays alive.

The difference is not subtle — it's survival.

Call to Action

This week, ask yourself:

Who is coaching me?

Who am I coaching?

What simple rhythm can I establish to give and receive encouragement?

Pray: "Lord, don't let me run this race alone. Surround me with coaches and make me a coach to others, so that Your mission never loses momentum."

Movements thrive on ongoing coaching. With this seventh sail raised, disciples, groups, and leaders won't just start — they'll endure, multiply, and finish the race well.

Sail 7: Ongoing Coaching

Coaching Chains: The 2 Timothy 2:2 Model

“And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others.” – 2 Timothy 2:2

The Coaching Pattern in Scripture

Paul → Timothy → Reliable People → Others. That's four generations deep — and it began with intentional coaching. Paul didn't just teach Timothy; he invested, encouraged, corrected, and modeled a life of obedience. That coaching chain produced leaders who multiplied leaders.

Real-Life Story

In East Africa, one catalyst started three discovery groups. Within a year, those groups had multiplied to 18. Why? Not because the original leader was extraordinary, but because he coached every new leader monthly. He asked three simple questions:

How are you doing personally?

What is your group learning and obeying?

Who are you coaching?

Because of coaching, the fruit multiplied across villages, and leaders didn't burn out.

Why Coaching Chains Work

Sustainability: Leaders stay encouraged and don't give up.

Alignment: Groups remain faithful to God's Word and simple patterns.

Multiplication: Every leader is expected to both receive and give coaching.

It's not one superstar carrying the movement. It's an unbroken chain of ordinary people coaching ordinary people.

Application

If you're leading a group, ask: Who is coaching me?

Then ask: Who am I coaching?

Begin a simple coaching rhythm. Even once-a-month check-ins can keep the chain unbroken.

Call to Action

Movements don't need celebrity leaders. They need coaching chains. If Paul to Timothy to others produced generations of disciples, your coaching can do the same. Start your link in the chain today.

Sail 7: Ongoing Coaching

Peer Mentoring: Coaching in Community

"As iron sharpens iron, so one person sharpens another." – Proverbs 27:17

Coaching Is Not a Solo Sport

Movements don't just grow on one-on-one coaching. They thrive when leaders coach each other in community. Peer mentoring brings leaders together to share struggles, celebrate victories, and hold one another accountable. It keeps sparks from going out — and turns them into wildfires.

Real-Life Story

In West Africa, a group of DMM catalysts formed a monthly peer mentoring circle. Each month they gather (in person or online) for a simple 3/3rds format:

Look Back – How did we obey last month's action steps? Who did we coach?

Look Up – They check the pulse of the movement:

Successes to celebrate

Struggles to discuss

Where are you in the 4-Fields process?

How are your GenMaps coming?

New groups started? New baptisms?

Look Forward – What will we do and who will we coach in the coming weeks?

The meetings are not long but the impact is huge. Leaders leave refreshed, sharpened, and inspired. One leader said:

“When I come alone, I grow tired. But when I meet with my peers, I leave with fire again.”

Within two years, their coaching circle helped fuel four generations of disciple-making groups across multiple regions.

Why Peer Mentoring Works

Accountability: No leader drifts unnoticed.

Encouragement: Leaders remember they’re not alone in the mission.

Multiplication: Every peer leaves with renewed commitment to coach others.

This is coaching by the body, not just from the top down.

Application

Start small: Invite 2–3 other leaders into a monthly peer mentoring call or meeting.

Use the 3/3rds pattern with these coaching questions.

Keep it multiplying: Always ask, Who are you coaching?

Call to Action

If you want to go far, don’t go alone. Coaching in community multiplies strength and courage. Start or join a peer mentoring coaching group this month — and watch how iron sharpens iron for the sake of the Great Commission.

Sail 7: Ongoing Coaching

Finishing Well—Coaching Toward Endurance and Fruitfulness ■

Introduction

In a movement, starting is exciting. Multiplying prayer groups, sowing gospel seed, launching new churches — the early momentum feels unstoppable. But movements aren’t measured by how they begin; they are measured by whether disciples and leaders finish well. Ongoing coaching is the secret to helping leaders stay faithful, fruitful, and focused all the way to the finish line.

Biblical Foundation

Acts 20:24 – “However, I consider my life worth nothing to me; my only aim is to finish the race and complete the task the Lord Jesus has given me—the task of testifying to the good news of God’s grace.”

Hebrews 12:1–2 – “Let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith.”

2 Timothy 4:7 – “I have fought the good fight, I have finished the race, I have kept the faith.”

Paul’s legacy wasn’t just starting churches; it was finishing strong and helping his disciples do the same.

Real-Life Illustration

A movement leader in East Africa shared that many of his peers burned out after only a few years. The work was hard, persecution was real, and family pressures weighed heavily. But he pointed to one habit that kept him going: monthly coaching with an older brother in Christ who reminded him of his calling, prayed with him, and helped troubleshoot challenges.

Twenty years later, his network has multiplied to thousands of disciples. He says, “I would not still be running if someone had not walked beside me all these years.” Coaching helped him finish well — and equipped him to coach others toward endurance.

Practical Application

Coach for faithfulness, not just fruitfulness. Numbers matter, but faithfulness to Jesus matters more.

Ask long-term questions: not only “What did you do this month?” but also “Where do you want to be 10 years from now?”

Address whole-life health: talk about marriage, family, rest, finances, and spiritual vitality. A leader who neglects these will not finish well.

Encourage multiplication of coaching: every leader should be both receiving coaching and giving coaching.

Call to Action

If you are a coach: shift from short-term problem solving to long-term perspective. Ask your leaders what finishing well looks like for them.

If you are being coached: invite your coach into the deeper parts of your life — not just ministry metrics, but your heart and health.

If you’re just starting: pray now for a coach who can walk with you for the long haul.

Closing Thought: Launching a movement is like setting sail across the ocean. Coaching is the steady hand that helps ships not only leave the harbor but also reach the far shore. Let's be leaders who don't just start the race — but, by God's grace, finish it with endurance, joy, and a harvest of multiplying disciples.

Hoist the Seven Sails — Let the Wind of the Spirit Carry Us to the Nations

Introduction

Every ship is built for a purpose. A vessel may be sturdy, well-designed, and seaworthy, but unless its sails are raised and the wind fills them, it will remain in the harbor — safe, but motionless.

The church is God's vessel, designed to carry the good news of Jesus Christ to every people and every place. But for us to complete the task of discipling the nations, we must hoist the Seven Sails of a Disciple-Making Movement and allow the Holy Spirit's wind to propel us forward.

The Seven Sails Recap

Multiply Extraordinary Prayer – Without prayer, the sails remain slack. Prayer aligns us with God's heart and unleashes His power.

Cast Vision – Vision is the compass, reminding us where God wants us to go — to the ends of the earth.

Focus on God's Word – Scripture is our map and anchor. Every movement must be rooted in hearing and obeying God's Word.

Go Out Among the Lost – Ships are not built for the dock but for the sea. We must leave comfort to engage those far from Christ.

Train Believers – Crew members must be equipped to sail. Disciples are trained not just to learn but to multiply.

See Groups Start – New churches are like new ships launched, multiplying the fleet. Generational growth brings gospel saturation.

Ongoing Coaching – Even the best sailors need guidance. Coaching sustains health, endurance, and multiplication.

The Holy Spirit: The Wind in the Sails

The sails alone cannot move the ship. It is the breath of God, the Holy Spirit, that fills them and propels us forward.

Acts 1:8 – “You will receive power when the Holy Spirit comes on you; and you will be my witnesses... to the ends of the earth.”

Zechariah 4:6 – “Not by might nor by power, but by my Spirit, says the Lord Almighty.”

When we raise all Seven Sails, we position ourselves to catch the Spirit’s wind. He provides the power, speed, and direction that no human strategy could accomplish.

Vision for the Nations

The horizon before us is clear:

The Great Commission is not optional; it is our mandate.

The 2000th anniversary of Jesus’ command is fast approaching.

Entire nations, tribes, and cities are waiting for the gospel fleet to arrive.

If every church, every disciple, every movement hoists these sails, the waves of multiplication can sweep across the globe in our generation.

Application for Leaders Today

Examine your sails: Which of the Seven is not yet raised in your life or ministry?

Raise them all: Don’t rely on one or two. The full power comes when all Seven Sails are set.

Pray for the Wind: Ask the Spirit to breathe afresh on your movement.

Call to Action

Now is the time to leave the safety of the harbor. Hoist the Seven Sails. Invite the Holy Spirit to fill them. And watch as He carries us across oceans of lostness, toward the completion of Jesus’ final command:

“Go and make disciples of all nations.” (Matthew 28:19)

Closing Vision: The seas are vast, but the Captain is faithful. The sails are ready, the Spirit is blowing. If we hoist all Seven, we can — and will — complete the task of discipling the nations in our time.